

## CURRICULUM VITAE

**Janet R. Kahn**

### Professional Titles & Addresses

Research Assistant Professor  
Department of Psychiatry  
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### EDUCATION:

**Brandeis University, Waltham, MA, Ph.D., Sociology, 1994.**

Concentrations in Medical Sociology, Sociology of Consciousness, Qualitative Methods  
**American Association for the Advancement of Science, 1986.** AAAS Mass Media Science and Engineering Fellowship. Fellowship program designed to train scientists to communicate to the lay public. Served as Health and Science Reporter at WOSU, public radio station in Columbus, OH.

**Harvard Graduate School of Education, Cambridge, MA, Ed.M., 1976.**

Concentration in Administration, Planning & Social Policy.

**Antioch College, Yellow Springs, OH, B.A., Psychology, 1971.**

Concentration in Organizational Development & Small Group Functioning

**Potomac Massage Training Institute, Washington, DC, Diploma, 1987**

### ACADEMIC APPOINTMENTS:

**2017–Present. University of Vermont, Course Director, Integrative Pain Management Conference and Course.** Sold out conference on April 7, 2018 brought together nearly 300 health care providers representing the full spectrum of allopathic and complementary health care professions. As Vermont has been a leader in response to the opioid addiction crisis facing our country, this course and activities related to it will provide leadership in pain management approaches helpful in prevention, treatment and recovery from opioid addiction. The next conference will be in 2020. We are currently creating an online course in Integrative Pain Management.

**2015-Present. University of Vermont, College of Nursing and Health Sciences, Department of Rehabilitation and Movement Sciences, Research Affiliate & Lecturer.**

**2015-Present. Duke University. Leadership Program in Integrative Healthcare. Faculty.**

**2002-Present. University of Vermont, College of Medicine, Department of Psychiatry. Research Assistant Professor.**

**2000-2011. Harvard Medical School. Faculty Preceptor, Fellowship in Complementary and Alternative and General Medicine.**

**1997-2000. Wellesley College. Senior Research Scientist, Wellesley Center for Research on Women.**

**1991-1994. Tufts University. Lecturer and Internship Coordinator, Community Health Program.**

### PRESIDENTIAL APPOINTMENT

2011- 2017 Member, Advisory Board on Prevention, Health Promotion and Integrative and Public Health; appointed by President Obama for an indefinite term

### **GUBERNATORIAL APPOINTMENT**

2014 - Member, Governor's Health Care Work Force Working Group; appointed by Governor Shumlin for an indefinite term  
2017 - Co-Chair, Integrative Health Care Task Force of the Governor's Opioid Coordinating Council

### **FEDERAL ADVISORY BOARDS AND STUDY SECTIONS:**

2016 Content Expert, Non-pharmacological Approaches to Chronic Musculoskeletal Pain Management State of the Art Conference, Veterans Health Administration  
2013 Member, Working Group to Develop a Targeted PFA on Treatment Options for Back Pain, Patient-Centered Outcomes Research Institute (PCORI)  
2009 – 2013 Member, National Advisory Council for Complementary and Alternative Medicine, NCCAM, NIH, Bethesda  
2009 Member, 3<sup>rd</sup> Five-year Strategic Plan, National Center for Complementary and Alternative Medicine.  
2009 Presenter, Institute of Medicine, Summit on Integrative Medicine and the Health of the Public  
2008 Search Committee – Deputy Director of NCCAM  
2005 Reviewer, Report of the Committee on the Use of Complementary and Alternative Medicine by the American Public, Institute of Medicine (IOM).  
2004 Member, Workgroup on Manual and Manipulative Therapies, 2<sup>nd</sup> Five-year Strategic Plan, National Center for Complementary and Alternative Medicine.  
2004 Member, ZAT1 CP (18) (1), NCCAM, NIH, Bethesda  
1999 - 2000 Ad Hoc Member, RPHB2, CSR, NIH, Bethesda  
2001 - 2002 Ad Hoc Member, GRM, CSR, NIH, Bethesda  
1999 - 2003 Member, National Advisory Council for Complementary and Alternative Medicine, NCCAM, NIH, Bethesda

### **EDITORIAL BOARDS**

**Global Advances in Health and Medicine (Editorial Board, Policy)**

**Journal of Bodywork and Movement Therapies (International Advisory Board)**

### **RECENT RESEARCH ACTIVITY:**

**Co-Principal Investigator on SBIR R44MH088063-02 (W. Collinge, PhD) 2012-2015 National Institute of Mental Health, \$1,447,807.00**

"Mission Reconnect: Promoting Resilience and Re-Integration of Post-Deployment Veterans and Their Families."

Phase 2 SBIR: The overall goal is to produce an educational intervention that will support veterans and their partners with multimedia instruction in mind-body practices that promote personal resiliency and relationship reintegration post-deployment and throughout their lives. This integrated self-instructional program, available online and via mobile app will deliver effective support at their convenience while avoiding two

common obstacles to serving this population--lack of proximity to formal services, and resistance to using formal services. The elements of the program include specific interventions for Connecting with Self, Connecting with Quiet and Connecting with Your Partner. Included are (1) a psycho-educational component addressing common mental health needs and vulnerabilities of returning post-deployed veterans and their family members, (2) instruction in mindfulness-based practices for stress reduction and self-support, (3) instruction in a contemplative practice to promote interpersonal connectedness, and (4) instruction in simple touch and massage techniques to both reduce stress and promote interpersonal connectedness.

Phase II includes a four-armed, four-city RCT of the program, comparing it with no program, with the current gold standard program for military spousal support and in combination with that program.

**Principal Investigator CHRMS 15-509**

**2014-2018**

**Victoria Buffum Endowment Fund \$ 80,000.00**

**“Touch Caring and Cancer at UVM Cancer Center”**

This grant brings to the University of Vermont Medical Center an enhanced version of the Touch Caring and Cancer program developed by William Collinge and Janet Kahn with support from the National Cancer Institute. The TCC program teaches safe massage and touch techniques for family caregivers to offer to their loved ones with cancer for relief of symptoms caused by cancer or its treatments. This updated program incorporates self-care skills for both patients and caregivers, from the field of Jin Shin Jyutsu.

**Co-Investigator on 1R01AT004411-01A2 (Karen Sherman, PhD); 2009-13**

**National Center for Complementary and Alternative Medicine; \$2,446,412.00**

**“Dosing Study of Massage for Neck Pain.”**

The major goal of this study is to determine the optimal dose of therapeutic massage for chronic neck pain by evaluating three key components of optimal dosing: length of each treatment session, frequency of treatments per week, and the total treatment period. This is the first dosing study of massage and will serve as a model for future dosing studies of massage and bodywork. The results of this study are expected to aid the design of the massage arm of a comparative effectiveness trial of treatments for chronic neck pain.

#### **POSITIONS HELD:**

**University of Vermont Medical Center. 2018-Present. Consultant on design of Comprehensive Pain Program** to serve people with chronic pain and mental health and/or addiction issues. Integrative team-based program.

**University of Vermont Medical Center. 2014-Present. UVM Program in Integrative Health Care. Member, Steering Committee and Chair, Integrated Clinical Care Committee.** The Institute for Health and Healing, currently in development, is a joint project of the UVM Medical Center, College of Nursing and Health Sciences, and College of Medicine.

**Academic Consortium for Integrative Medicine and Health (ACIMH). 2009-2016.**

**Senior Policy Advisor.** Advised this organization of 70+ academic health centers and health systems focused on advancing integrative health care, regarding opportunities for advancing relevant health policy goals. Work has included organizing Congressional

Briefings, drafting responses for public comment by divisions of the Department on Health and Human Services, and providing educational opportunities for consortium members regarding policy development and implementation in the US.

**Peace Village Projects, Inc. 1994-Present. Founder and President** of non-profit corporation dedicated to research and intervention projects designed to create peace-enhancing social structures and to educate individuals in the practices and consciousness of peace. Work conducted in Jerusalem and the United States. Current focus is on programs for veterans returning from Global War on Terror sites.

**Integrative Consulting. 1985-Present. Principal.** Provide a range of research, curriculum design and organizational development services, with an emphasis on health care and educational institutions. Clients include: Collinge and Associates; Consortium of Academic Health Centers for Integrative Medicine; Group Health Research Institute; Integrated Healthcare Policy Consortium; Laura Mann Center for Integrative Health. See Selected Consultant Activities below for client information.

**Massage Therapist. 1983-Present.** Private practice with adults and youth, including veterans, sexual assault survivors and people with chronic pain.

**Adventist Health Care. May 2011-May 2012. Member, Next Century Health Leadership Council.** Advised leadership of Adventist HealthCare, an integrated healthcare delivery organization that includes hospitals, a nursing home, rehabilitation services and customized workplace wellness programs, as they planned development of the hospital's Takoma Park campus to serve as a Village of Education, Health and Well-being, providing health-care and wellness services, as well as community education and research resources.

**Integrated Healthcare Policy Consortium (IHPC). 2005-2011. Executive Director.** IHPC was created in 2003 to provide legislators with a consensus policy agenda from the diverse integrative and alternative health care disciplines. Established IHPC as a trusted voice on Capitol Hill leading to significant inclusion of integrated health care values in the Affordable Care Act. Launched online action network giving integrated healthcare consumers and providers their first direct link to policymakers. Broadened mission to include disparity reduction, sustainability and other core values of integrated care.

**Community Health Center of Burlington (VT). 2008 – 2010. Director of Integrated Health Care.** Worked with senior management to design integrated services for this Federally Qualified Health Center serving 15,000 patients through 70,000 visits per year with primary care, behavioral medicine and dental care.

**Massage Therapy Research Consortium. 2003-2008. Director of Research.** Director of Research for a consortium of 11 massage schools in North America seeking to build research capacity within their schools and to collaborate with other researchers. Projects included conducting a study in massage school clinics on clients' perceptions of effects of massage; consultation to Harvard Medical School on design of Scope of Service and Delineation of Privileges documents for massage therapy; consultation to Group Health Center for Health Studies to design treatment protocols for clinical trials on therapeutic massage for chronic neck pain and chronic back pain.

**American Massage Therapy Association Foundation. 1996-2000, President. 1993-1996, Vice President for Grants.** Oversaw the growth and restructuring of small foundation funding research, scholarship and community outreach in the field of therapeutic massage. Responsibilities included board development, strategic planning, fundraising, creation of proposal review and granting processes, and program development.

**Teaching Peace Foundation. 1993-1997. Board Member.** As a founding board member I assisted the donor in developing the values statement that would guide proposal solicitation and the review procedures that would guide funding decisions. After four years the foundation was closed and funds were dispersed to a small number of organizations whose work we had come to value.

**American Institutes for Research (AIR). 1977-1985. Research Scientist.** Developed and directed both program evaluation and basic research projects. Supervised staff of 25 in 8 cities. Specific project responsibilities and sponsors included:

~ **Principal Investigator;** *Familial Communication and Adolescent Sexual Behavior*; an investigation of the impact of parent-child communication in early years, on the child's sexual behavior, attitudes, and values in the teen years. (Office of Adolescent Pregnancy Programs) 1982-1984.

~ **Co-Investigator and Project Director;** *Project Redirection Impact Analysis*; a multi-site longitudinal evaluation of a comprehensive service delivery model for disadvantaged teenage mothers. (Manpower Demonstration Research Corporation) 1980-1984.

~ **Co-Investigator and Director of Field Research;** *Contraceptive Decision-Making in Adolescent Couples*; an investigation of the relationship between teenage couples' dyadic communication style concerning contraception and the effectiveness of the method(s) used. (National Institutes of Child Health and Human Development) 1979-1981.

~ **Director of Field Research;** *The Ecology of Help-Seeking Behavior Among Adolescent Parents*; a comparison of the views held by teenage parents and by service providers concerning the problems and needs of teenage parents. (Administration for Children, Youth & Families) 1977-1978.

~ **Associate Project Director and Media Specialist;** *Educational Methodologies to Decrease the Relative Incidence of Second Trimester Abortions*; research and design of a mass media campaign to educate the public about the relative dangers of second trimester abortions. (Centers for Disease Control) 1977.

#### **SELECTED PAST CONSULTANT ACTIVITIES:**

**AIDS Action Committee.** Developed material on interpersonal issues related to AIDS in the workplace, and holistic alternatives in AIDS treatment, for curriculum to train human resource personnel.

**American Red Cross.** Conducted workplace AIDS education for Federal agencies and corporations.

**Blackside Inc.** Curriculum consultant and member of the advisory panel for a film on the male role in family planning, designed for minority youth.

**Center for Alternative Medicine Research and Education, Beth Israel Deaconess Medical Center.** Consultant on massage related research including, studies of alternative treatments for acute lower back pain, National Alternative Medicine Ambulatory Care Study (NAMACS), and study on massage as palliative care at end of life.

**Harvard Medical School** - Member, Design Team for NIH-funded model of Integrative Care in an Academic Health Center

**Institute for Multi-Track Diplomacy.** Consultant on survey instrument design and data analysis for study of East Asian business leaders' assessments of regional conflicts and peacebuilding prospects; and project design for multi-year research and training program on peace and democracy with educational leaders in Israel and Palestine.

**Israel/Palestine Center for Research and Information (IPCRI).** Instrument design consultant on study of Israeli and Palestinian citizens' views and fears regarding the disposition of Jerusalem.

**Lotus Development Corporation.** Consultant on instrument development for an employee attitude survey on issues of institutional race and sex discrimination.

**Teaching Peace.** Member of the board of directors of this organization making grants to bring peace education and training into mainstream educational contexts.

**The Urban Institute.** Consultant on projects related to AIDS, teenage pregnancy and services for the homeless.

**Tufts University, School of Medicine.** Member, EB-CAM Advisory Committee. NIH-funded curriculum development project to bring evidence-based complementary and alternative medicine information into the medical school curriculum.

**YWCA (National Capitol Area).** Consultant on the development of a family systems approach to teenage pregnancy and parenthood.

## **PUBLICATIONS and PRESENTATIONS:**

### **Articles**

Cannon-Bonventre K & **Kahn JR.** Interviews with adolescent parents: Looking at their needs. *Children Today, Sept.-Oct., 1979, 8*

Polit D & **Kahn, JR.** Communication and contraceptive practices in adolescent couples. *Adolescence, 1985, 20, 33-43.*

Polit D & **Kahn JR.** Project Redirection: Impacts of a comprehensive program for disadvantaged teen mothers. *Family Planning Perspectives, 1985, 17, 151-159.*

Polit D & **Kahn JR.** Early subsequent pregnancy among economically disadvantaged teenage mothers. *American Journal of Public Health, 1986, Vol. 76, No. 2.*

Polit D & **Kahn JR.** Teenage pregnancy and the role of the schools. *Urban Education, 1987.*

Burt MR, Kenney G & **Kahn JR.** Review of the literature on sexual behavior, sexually transmitted diseases and fertility. Unpublished manuscript. The Urban Institute, December 1987.

Tangri SS, **Kahn JR.** Ethical issues in the new reproductive technologies: perspectives from feminism and the psychology profession. *Prof Psychol Res Pr. 1993 Aug;24(3):271-80.*

**Kahn JR.** A New Era for Massage Research, *Massage Therapy Journal, Fall 2001; 40 (3):*

Cherkin DC, Deyo RA, Sherman KJ, Hart LG, Street JH, Hrbek A, Cramer E, Milliman B, Booker J, Mootz R, Barassi J, **Kahn JR**, Kaptchuk TJ, Eisenberg DM. Characteristics of Licensed Acupuncturists, Chiropractors, Massage Therapists, and Naturopathic Physicians. *J Am Board Fam Pract.* 2002 Sep-Oct; 15(5):378-90.

Cherkin DC, Deyo RA, Sherman KJ, Hart LG, Street JH, Hrbek A, Davis RB, Cramer E, Milliman B, Booker J, Mootz RD, Barassi J, **Kahn JR**, Kaptchuk TJ, Eisenberg DM. Characteristics of Visits to Licensed Acupuncturists, Chiropractors, Massage Therapists, and Naturopathic Physicians. *J Am Board Fam Pract.* 2002 Nov-Dec;15(6):463-72.

Toth M, **Kahn J**, Walton T, Hrbek A, Eisenberg DM, Phillips RS. Therapeutic Massage Intervention for Hospitalized Patients with Cancer: A Pilot Study. *Alternative & Complementary Therapies.* June 2003; 9(3):117-124.

Langevin HM, Badger GJ, Povolny BK, Davis RT, Johnston AC, Sherman KJ, **Kahn JR**, Kaptchuk TJ. Yin scores and yang scores: A new method for quantitative diagnostic evaluation in traditional Chinese medicine research. *J Altern Complement Med.* 2004 Apr; 10(2):389-95

Sherman KJ, Cherkin D, **Kahn J**, Erro J, Hrbek A, Deyo RA, Eisenberg DM. A survey of training and practice patterns of massage therapists in two US states. *BMC Complementary and Alternative Medicine* 2005, 5:13

Collinge W, **Kahn J**, Yarnold P, Bauer-Wu S, McCorkle R. Couples and Cancer: Feasibility of brief instruction in massage and touch therapy to build caregiver efficacy. *Journal of the Society for Integrative Oncology.* Fall 2007; 5(4): 147-154.

Cherkin DC, Sherman KJ, **Kahn J**, Erro JH, Deyo RA, Haneuse SJ, Cook AJ. Effectiveness of focused structural massage and relaxation massage for chronic low back pain: protocol for a randomized controlled trial. *Trials.* 2009; 10(1): 96.

Cherkin DC, Sherman KJ, **Kahn J**, Wellman R, Cook AJ, Johnson E, Erro JH, Delaney K, Deyo R. A comparison of the effects of two types of massage and usual care on chronic low back pain: a randomized, controlled trial. *Annals of Internal Medicine* 2011 Jul 5;155(1):1-9.

Sherman J. Karen, Cook J. Andrea, **Kahn R. Janet**, Hawkes J. Rene, Wellman D. Robert, Cherkin C. Daniel. Dosing study of massage for chronic neck pain: protocol for the dose response evaluation and analysis of massage [DREAM] trial. *BMC Complementary and Alternative Medicine.*2012, 12:158.

Collinge W, **Kahn J**, Walton T, Kozak L, Bauer-Wu S, Fletcher K, Yarnold P, Soltysik R. Touch, Caring, and Cancer: randomized controlled trial of a multimedia caregiver education program. *Supportive Care in Cancer.* Published Online First (open access): 21 December 2012. DOI 10.1007/s00520-012-1682-6

Ali A, **Kahn J**, Rosenberger L, Perlman AI. Development of a manualized protocol of massage therapy for clinical trials in osteoarthritis. *Trials.* 2012 Oct 4; 13:185. doi: 10.1186/1745-6215-13-185. PubMed PMID: 23035641; PubMed Central PMCID: PMC3519579.

Sherman KJ, Cook AJ, **Kahn JR**, Hawkes RE, Wellman RD, Cherkin DC. Dosing study of massage for chronic neck pain: protocol for the dose response evaluation and analysis of massage [DREAM] trial. *BMC Complementary and Alternative Medicine*, 2012, 12:158. [www.biomedcentral.com/1472-6882/12/158](http://www.biomedcentral.com/1472-6882/12/158)

Collinge W, **Kahn J**, Soltysik R. Promoting Reintegration of National Guard Veterans and Their Partners Using a Self-Directed Program of Integrative Therapies: A Pilot Study. *Military Medicine*, December 2012, vol. 177, no. 12, pp. 1477-1485(9)

Toth M, Marcantonio ER, Davis RB, Walton T, **Kahn JR**, Phillips RS. Massage therapy for patients with metastatic cancer: a pilot randomized controlled trial. *J Altern Complement Med*. 2013 Jul;19 (7):650-6. doi: 10.1089/acm.2012.0466. Epub 2013 Jan 31. PMID:23368724 [PubMed – indexed for MEDLINE].

Sherman KJ, Cook AJ, Wellman RD, Hawkes RJ, **Kahn JR**, Deyo RA, Cherkin DC. Five-week outcomes from a dosing trial of therapeutic massage for chronic neck pain. *Ann Fam Med*. 2014 Mar-Apr; 12(2):112-20. Doi: 10.1370/afm.1602 PMID: 24615306

Dryden T, Sumpton B, Shipwright S, Kahn JR, Reece BF. Massage therapy and Canadians' health care needs 2020: Proceedings of a national research priority setting summit. *Int J Ther Massage Bodywork*. 2014 Mar 4;7(1):3-10. eCollection 2014 Mar. PMID 24592299

**Kahn JR**, Collinge W, Soltysik R. Post-9/11 Veterans and their partners improve mental health outcomes with a self-directed mobile and web-based wellness training program: A randomized controlled trial. *J Med Internet Res* 2016;18(9):e255  
URL: <http://www.jmir.org/2016/9/e255/> doi:10.2196/jmir.5800

**Kahn, JR**. *Research Matters*, a regular column in *Massage Magazine*. Six columns per year, 2000 – 2006.

### Book Chapters

**Kahn JR** & Kline D. Towards an understanding of sexual learning and communication: An examination of social learning theory and non-school learning environments. In Roberts EJ (Ed.) *Childhood sexual learning: The unwritten curriculum*. Cambridge, MA: Ballinger Press, 1980.

**Kahn JR**. Sexual messages: Parental influences on children's sexual development. In Goldberg DC (Ed.) *Contemporary Marriage: Special issues in couples therapy*. Homewood, IL: Dorsey Press, 1985.

**Kahn JR** and Gozemba P. In and Around the Lighthouse: Working Class Lesbian Bar Culture in the 1950s and 1960s. In Reverby S & Helly D (Eds.) *Gendered Domains: Reconsideration of the Public and Private in Women's History, Essays from the 7th Berkshire Conference on the History of Women*. Cornell University Press, June 1992.

**Kahn JR**. Speaking across cultures within your own family. In Irvine J (Ed.) *Sexual Cultures and the Construction of Adolescent Identities*, Temple University Press, 1994.



**Kahn JR.** Therapeutic Massage: Rehabilitation for the individual and the culture. In Davis CM (Ed.) *Complementary Therapies in Rehabilitation, 2<sup>nd</sup> Edition*. SLACK Inc., 2004, SLACK Inc., *3<sup>rd</sup> Edition*, SLACK Inc., 2008, *4<sup>th</sup> edition*. SLACK, Inc, 2016.

Madore A. and **Kahn JR.** Therapeutic Massage in Integrated Pain Management. In Audette J and Bailey A (Eds.) *Integrative Pain Medicine: The Science and Practice of Complementary and Alternative Medicine in Pain Management*. Humana Press, 2008

**Kahn JR.** Integrating Research in Clinical Practice. In Dryden and Moyer (Eds.) *Massage Therapy: Integrating Research and Practice*, Human Kinetics, 2011.

**Kahn JR.** Therapeutic Massage and Bodywork: Overview of the Practice and Evidence of a Developing Health Profession. In King, Patterson and Jänig (Eds.) *The Science and Clinical Application of Manual Therapy*, Elsevier 2011.

## Media

Kahn, JR. Introduction to Research: What it is, how to find it and how it can serve our practices and our profession. 3-part Webinar Series including: **WEBINAR 1, Understanding Research Basics; WEBINAR 2, Research Standards: Ethics, Regulations, & Quality Issues; Research Literature: How to find and understand the research you need. 2015. Benjamin Institute. Cambridge MA.**

Mission Reconnect, a media-based program for Veterans and their partners that teaches mind-body skills of reintegration focusing on self-regulation and Connecting with Oneself, Connecting with Quiet and Connecting with Your Partner. Mission Reconnect is available via webstream and mobile app. Development of Mission Reconnect was supported by the National Institute of Mental Health, as was a four-city, four-armed clinical trial which indicates that use of Mission Reconnect significantly lowered subjects' PTSD symptom scores, depression and stress level, while raising resilience and self-compassion scores. 2014

Touch, Caring and Cancer, a multi-media (DVD + photo-rich print manual) program offering inspiring stories and detailed instruction by experts in the field of oncology massage in *safe* and *simple* techniques anyone can learn and apply to help a loved one with cancer. Supported by the National Cancer Institute and produced by Collinge and Associates. Winner of two Telly Awards, the program is available in English, Spanish, Mandarin, Cantonese and Vietnamese languages (plus optional subtitles for the hearing impaired). J. Kahn, co-investigator, and lead trainer. 2008

Sonia, a 20-minute 16mm film about an 86-year-old woman's lifelong effort to get an education and the obstacles she encountered during her youth in Czarist Russia and her adulthood in the United States. J. Kahn, producer, director, co-editor. 1974

Growing up fast: What every service provider should know about teenage parenthood. 30-minute videotape produced under a grant from ACYF. J. Kahn, Executive Producer. 1978

Public Radio science and health reports include a 5-part series on reproductive technology (2-3 minutes each) and two feature reports on hazardous waste; as well as co-hosting a 2-hour talk show on medical ethics. WOSU-AM, Columbus, Ohio. 1986

### **Invited Presentations**

*The role of familial communication in adolescent sexual behavior.* Presentation to the Psycho-social Workshop, annual meetings of the Population Association of America, Pittsburgh, 1983.

*Community studies: Parents and children in Cleveland.* Presentation at OAPP-sponsored Research Workshop on Premarital Sexual Relations, May, 1984, Palo Alto.

*The effects of parental communication regarding sexuality on children's subsequent sexual behavior.* Presentation at the annual meetings of the Society for the Scientific Study of Sex, June, 1984, Boston.

*Media preferences of sexually active teens: A preliminary analysis.* Co-author with Richard A. Peterson. Presentation at the annual meetings of the American Psychological Association, August, 1984, Toronto.

*Who's talking?: Parent-child communication about sexuality.* Presentation at the Psycho-social Workshop, annual meetings of the Population Association of America, April, 1985, Boston.

*Contraceptive advertising: Progress and issues.* Chair of this panel at Psycho-social Workshop, annual meetings of the Population Association of America, April, 1985, Boston.

*Friends or Foes: The roles of parents and schools in children's sexual education.* Presentation to the staff of OAPP, August, 1985, Washington, D.C.

*Lessons from Cleveland.* Presentation to demonstration project grantees. OAPP Technical Assistance Workshop. June 1986, Washington, D.C.

*Women, Ethics, and the New Reproductive Technologies.* Co-author with Sandra S. Tangri. Presentation at annual meetings of Association for Women in Psychology, March, 1987, Denver, Colorado.

*In and Around the Lighthouse: Working Class Lesbian Bar Culture in the 1950's and 1960's.* Co-authored with Patricia Gozemba. Presentation at the Seventh Berkshire Conference on the History of Women, June 1987, Wellesley College, Wellesley, MA.

*Ethical Issues in the New Reproductive Technologies: Perspectives from Feminism and the Psychology Profession.* Co-authored with Sandra Tangri. Presentation at the annual meetings of the American Psychological Association, August 1988, Atlanta, GA.

*Toward Healthy Relationships: Communication and Negotiation.* Panel at conference Learning about Love: Exploring Intimacy in Adolescent Sexual Development, sponsored by Planned Parenthood League of Massachusetts, November 2, 1990, Boston, Massachusetts.

*Families, Sexuality and Communication.* Workshop presented at Learning about Love: Exploring Intimacy in Adolescent Sexual Development, conference sponsored by Planned Parenthood League of Massachusetts, November 2, 1990, Boston, Massachusetts.

*Family Dynamics and Sexuality.* Presentation and training for Planned Parenthood League of Massachusetts, May 15, 1991, Cambridge, Massachusetts.

*Developing Research Proposals.* Workshop presented at American Massage Therapy Association National Educational Conferences, May 1994, Atlanta, Georgia; June 1995, Portland, Oregon; June 1996, Los Angeles, California.

*Violence as a Public Health Issue: The Effects of Violence on the Lives of Children.* Presentation at the Annual Meetings of the American Public Health Association, November 1996, New York City.

*Healing the Children of War: The Use of Reiki with Children in The West Bank.* Presentation as part of a panel on healing from war, presented at the Annual Meetings of the American Public Health Association, November 1996, New York City.

*Massage Therapy Practice in the United States: Historical Development and Contemporary Issues.* Presentation at Harvard Medical School Conference on “Alternative Medicine: Implications for Clinical Practice”, Cambridge, MA, March 1997.

*Nice to Be Kneaded: Massage Therapy and Healthy Aging.* Presentation at Annual Meetings of the National Council on Aging, Chicago, IL, March 1997.

*Teaching Global Citizenship.* Presentation at the Gender Equity Conference, Wellesley Center for Research on Women, January 1998.

*Massage Therapy Practice in the United States: A Look at the Mosaic.* Presentation at Harvard Medical School Conference on “Alternative Medicine, Implications for Clinical Practice,” Cambridge, MA, March 1998.

*Massage Therapy and Immune Function: A Research Panel.* Convened and moderated a panel presenting four studies on massage and immune function. National Convention of the American Massage Therapy Association, Washington, DC, October 1998.

*Research Basics: Reading the Literature.* Workshop for massage therapists on how to locate read and evaluate massage therapy research literature. Presented at National Convention of the American Massage Therapy Association, Washington, DC, October 1998. Co-taught w/Dr. Martha Brown Menard.

*Designing and Writing the Research Proposal.* Day-long experiential workshop designing research proposals. Presented at National Convention of the American Massage Therapy Association, Washington, DC, October 1998. Co-taught w/Dr. Martha Brown Menard.

*Therapeutic Massage: History, Practice and Overview of the Research.* Presentation at “The Art and Science of Healing,” conference co-sponsored by the Tzu Chi Institute for Complementary and Alternative Medicine and the British Columbia College of Family Physicians, Vancouver, BC, November 1998.

*Global Issues/Gender Issues.* Presentation at “Focus on Males, a Gender Equity Conference,” Wellesley College, January 1999.

*Setting the Massage Research Agenda.* Convened and chaired a three-day interdisciplinary workgroup to design a research agenda for the field of massage therapy for the coming decade. Sponsored by The American Massage Therapy Association Foundation. Seabrook, SC, February 1999.

*Therapeutic Massage: An Overview.* Presentation at Harvard Medical School Continuing Education Conference, “Alternative Medicine: Implications for Clinical Practice,” March 1999.

*Developing a Massage Research Infrastructure: What We Can and Should Do!* Keynote address at “In Touch: A National Massage Therapy Research Symposium,” October 8, 1999, Vancouver, British Columbia. Symposium sponsored by Massage Therapists’ Association of British Columbia, Canadian Massage Therapist Alliance, and Massage Magazine.

*How to Turn Your Questions into Good Research Proposals.* Workshop presented at “In Touch: A National Massage Therapy Research Symposium,” October 8, 1999, Vancouver, British Columbia. Symposium sponsored by Massage Therapists’ Association of British Columbia, Canadian Massage Therapist Alliance, and Massage Magazine.

*The Role of Massage in Integrated Health Care.* Presentation at Harvard Medical School Continuing Education Conference, “Alternative Medicine: Implications for Clinical Practice,” March 2000.

*Therapeutic Massage and Allopathic Medicine: Potential for Meaningful Integration.* Presentation at National Center for Complementary and Alternative Medicine (NCCAM) Town Meeting, Boston, March 15, 2000.

*Massage Research USA: The Cutting Edge.* Keynote address at Biannual Conference of Australian Massage, April 14-16, Melbourne, Australia.

*Creating Research Proposals from Your Clinical Observations.* Workshop at New York American Massage Therapy Association Convention, May 29-30, 2000, Tarrytown, NY.

*The Role of Paradigm in Quality of Life Research.* Presentation with Dr. Marja Verhoef at working conference on Quality of Life Measurement for Complementary and

Alternative Medicine, sponsored by National Cancer Institute of Canada, the Tzu Chi Institute, and Vancouver Hospital, May 5-7, 2000, Vancouver, BC, Canada.

*The Role of Research in Massage School Curricula.* Day-long in-service training for faculty at Potomac Massage Training Institute; July 16, 2000, Washington, D.C.

*The Role of Massage in Integrated Medicine: Suggestions from the Research and For the Research.* Presentation at Contemporary Trends in Touch Research, a symposium sponsored by Hartford Hospital and the Connecticut Center for Massage Therapy, September 29, 2000, Hartford, Connecticut.

*Therapeutic Massage and Allopathic Medicine: Potential for Meaningful Integration.* Presentation at Harvard Medical School Continuing Education Conference, "Alternative Medicine: Implications for Clinical Practice," February 2001.

*Therapeutic Massage for Low Back Pain: Recent Data, Current Studies and Future Plans.* Presentation given at Clinical Research Center Grand Rounds, Fletcher Allen Health Care, University of Vermont, College of Medicine. September 28, 2001 Burlington, VT.

*Therapeutic Massage for Low Back Pain: Recent Data, Ongoing Questions and Current Studies.* Presentation given at Department of Psychiatry Grand Rounds, University of Vermont. January 25, 2002. Burlington, VT,

*Therapeutic Massage: The State of the Science.* Presentation at Harvard Medical School Continuing Education Conference, "Integrative Medicine: Implications for Clinical Practice," March 2002.

*Massage Therapy Research: The Eagle's View.* Keynote address at 1st International Symposium on the Science of Touch. Montreal. May 16-18, 2002.

*Creating Researchable Questions from Clinical Observations.* Presentation at 1st International Symposium on the Science of Touch. Montreal. May 16-18, 2002.

*Therapeutic Massage: Overview, Musculoskeletal Research, and Ongoing Challenges.* Presentation at 2002 Research Conference of the American Osteopathic Association. Las Vegas. October 9, 2002.

*Gee, Was That a Massage? Issues of Placebo and Sham in Manual Medicine Research.* Presentation at Fourth Osteopathic Collaborative Clinical Trials Initiative Conference. Ottawa. March 24, 2003.

*Patient-initiated Integration: Implications for New Models.* Presentation at Closed Panel Discussion of Integrative Medicine. Montreal. May 12, 2004.

*Federal Programs Relevant to Massage and Manual Medicine.* Convener of panel of representatives from the National Institutes of Health and Canadian Institute of Health Research at 2<sup>nd</sup> International Symposium on the Science of Touch. Montreal. May 13, 2004.

*Massage in the Care of People with Cancer and Their Partners: Report on two studies.* Presentation at 2<sup>nd</sup> International Symposium on the Science of Touch. Montreal. May 14, 2004.

*An Introduction to Research Design for Massage Therapists.* Workshop given with Dan Cherkin at 2<sup>nd</sup> International Symposium on the Science of Touch. Montreal. May 14, 2004.

*Massage in Cancer Care: A Brief History and Possibilities for the Future.* Keynote address at Medical Massage and Oncology, Satellite Symposium within the First International Conference of the Society for Integrative Oncology. New York City. November 19, 2004.

*Manual Medicine in the U.S.: Overview of Use and Issues.* Invited address at Biology of Manual Medicine Conference, National Institutes of Health, Bethesda, Maryland, June 9, 2005.

*Building a Research Program in Your Institution.* Convener of Panel at Highlighting Massage Therapy in CAM Research, Albuquerque, New Mexico. September 25-27, 2005.

*Introduction to Clinical Case Reporting.* Workshop Given with Trish Dryden at Highlighting Massage Therapy in CAM Research, Albuquerque, New Mexico. September 25-27, 2005.

*Development and Implementation of Massage Therapy Protocols in Research.* Convener of Panel at Highlighting Massage Therapy in CAM Research, Albuquerque, New Mexico. September 25-27, 2005.

*Clinical Case Reporting for CAM Practitioners.* Workshop given with Trish Dryden at the North American Research Conference on Complementary & Integrative Medicine, Edmonton Alberta, May 24-26, 2006

*Using a taxonomy of Therapeutic Massage and Bodywork to Design Massage Research Protocols,* Workshop given with Dawn Schmidt and John Katomski at the North American Research Conference on Complementary & Integrative Medicine, Edmonton Alberta, May 24-26, 2006

*Clients' Experiences of Effects from Receiving Massage: Findings from a Qualitative Study Conducted in Nine Massage School Student Clinics.* AMTA National Convention, Cincinnati, September 29, 2007

*Understanding and Designing Clinical Case Reports.* Partnering for Research: CAM Practitioners and Cancer Researchers, sponsored by the National Cancer Institute Office of Cancer Complementary & Alternative Medicine, Washington, DC, October 23, 2007.

*Integrative Medicine and Integrated Healthcare Policy: Action and Reaction in the Nation's Capitol.* Integrated Healthcare Symposium, New York, NY, January 18, 2008.

*Therapeutic Massage and Bodywork: Clinical Practice and Research Overview.* Delineating the Evidence Base for Somato-Visceral Interactions and Autonomic Mechanisms of Manual Therapy. University of North Texas Health Science Center, Fort Worth, Texas. March 31, 2008.

*Therapeutic Massage: Clinical Practice and Relevance to Workplace Productivity.* Institute for Health and Productivity Management, Orlando, Florida  
April 1, 2008.

*Integrated Health Care Policy: Building the Road.* Panel member, Integrative Healthcare Symposium, New York City, February 19, 2009.

*Individual Behavior Change: Incentives and Approaches.* Institute of Medicine Summit on Integrative Medicine and the Health of the Public, Washington, D.C. February 27, 2009.

*Research: What Is It and Why Should Massage Therapists Care?* New England Regional Conference, American Massage Therapy Association. Framingham, MA March 13, 2009.

*Integrative Practice, Wellness & Healthcare Reform: Have We Seen Advances in D.C.?* Panel member, Integrative Healthcare Symposium, New York City, February 25, 2010

*Creating Federal Changes for Integrative Practices: An Update and Exploration from National Leaders.* Panel member, Integrative Healthcare Symposium, New York City, February 24, 2010

*The Affordable Care Act and Beyond: A Stakeholder Conference on Integrated Health Care Reform.* Convener of this conference at Georgetown University Medical School, Washington DC, September 27-29, 2010.

*Massage in 21<sup>st</sup> Century Health Care: Let's Seize the Moment!* Keynote Address, 2013 International Massage Therapy Research Conference (IMTRC), Boston, MA, April 2013.

*Touch, Caring & Cancer: Simple Instruction for Family and Friends,* Stowe Weekend of Hope, Stowe, VT, May 3, 2013.

*Massage in the Age of Health Care Transformation: Our Opportunities and Responsibilities,* Creating a Culture of Teaching Excellence, American Federation of Massage Therapy Educators Conference, St. Charles, MO, July 18-20, 2013

*Touch, Caring & Cancer: Simple Instruction for Family and Friends,* 16<sup>th</sup> Annual Breast Cancer Conference, Vermont Cancer Center, Burlington VT, October 4, 2013

*Promoting Reintegration of OIF/OEF Veterans and Partners Using a Self-Directed Program of Integrative Therapies,* 118<sup>th</sup> Annual Continuing Education Meeting of AMSUS The Society of Federal Health Professionals, November 7, 2013, Seattle, WA

*HEALTH CARE: Critical Questions. Integrative Answers. A Community Conversation.* Member of 5-person 2-hour panel. Maryland University of Integrative Health, Laurel, MD, February 10, 2014.

*The Affordable Care Act in 2014: Update on the Inclusion and Contributions of the Integrative Health Community,* Member of 3-person panel, Integrative healthcare symposium, New York, NY, February 22, 2014.

*Massage in the Age of Health Care Transformation: Our Opportunities and Responsibilities,* Keynote Presentation to the American Massage Therapy Association, Illinois Chapter Annual Conference, Chicago, IL, March 21, 2014.

*Massage Therapy: Thriving in a Changing Health Care Scene,* 3-hour workshop for American Massage Therapy Association, Illinois Chapter Annual Conference, Chicago, IL, March 22, 2014.

*NP HP PH COUNCIL: Partial Legacy of an Optimistic Senator from Iowa, A Call to Action on Integrative Health and Medicine Policy: Advancing the Legacy of U.S. Senator Tom Harkin,* Washington DC, September 28m 2014

*PTSD, Depression, Sleep Quality and Pain Improve with Integrative, Self-Directed Intervention for Veteran-Partner Dyads,* 119<sup>th</sup> Annual Continuing Education Meeting of AMSUS The Society of Federal Health Professionals, December 5, 2014.

*Touch in Cancer Care: Benefits for Patients and Caregivers,* Annual Meeting of the American Society of Clinical Oncology (ASCO), Boston, October 10, 2015.

*Mission Reconnect: Mobile Wellness Training for Veterans and Their Partners,* Georgetown University, School of Medicine, April 7, 2016

*The Power of Research in Healthcare Policy,* Society for Acupuncture Research, San Francisco, April 28-30, 2017.

*Climate Change, Opioid Epidemic & 3Million Veterans of GWOT: Integrative Health Care Has Never Been More Needed,* Invited talk at the Annual Meeting of the American Public Health Association, Atlanta, November 7, 2017

*Addressing Complex Comorbidities with High Patient-Engagement: An Evidence-Based Patient-Driven App-Delivered Mind-Body Training Program,* 2017 AMSUS Annual Continuing Education Meeting, Washington DC, November 29, 2017